

# 2011 PROGRAM OVERVIEW

SUPPORTING AND DELIVERING EXCELLENCE IN DEMENTIA CARE



The Dementia Care Training Centre (DCTC) provides a range of lively, interactive dementia care training programs and workshops for healthcare professionals and care workers of all skill levels. Our enthusiastic educators are highly qualified and experienced facilitators in dementia care. DCTC is dedicated to assist staff as they support and care for those with dementia, their families and friends.

**For more information or to register:** Call (403) 290-0110 or Email [melanies@alzheimercalgary.com](mailto:melanies@alzheimercalgary.com)

## DEMENTIA, DEPRESSION & DELIRIUM

**\$100/person**

*UNDERSTAND THE RELATIONSHIP, RECOGNIZE THE SIGNS AND SYMPTOMS*

**August 10, November 8 (2011)** - Accessing the most up-to-date research and evidence-based practice, you will develop a clear understanding of dementia, depression and delirium. You will be able to differentiate between each condition by recognizing risk factors, signs, symptoms and the diagnostic process. Your role in providing appropriate care to the person and aspects of the diagnostic process will be discussed.

## PRACTICAL DEMENTIA CARE

**\$100/person**

**August 11, November 9 (2011)** – This 1-day workshop will provide you with practical and easily implemented knowledge, skills and tips for quality dementia care on a daily basis. The program will place specific emphasis on personhood, disease process, environment, communication and activities. Participants will receive a comprehensive training package with resource materials.

## QUALITY OF LIFE AT THE END-OF-LIFE: A PROFESSIONAL FRAMEWORK

**\$60/person**

**November 10 (2011)** – Staff need to feel comfortable with the concepts of death and dying so they can better support those in their care. This workshop will focus on value clarification, knowledge relating to late stage dementia, palliative care and the dying process. You will gain insight into how and why families make decisions they make, thereby enabling them to develop understanding and compassion in the delivery of end of life care.

## BEST FRIENDS™ APPROACH WORKSHOP

**\$100/person**

**August 9, September 22 (2011)** - Through an experiential approach to learning, this session explores ways in which the Best Friends™ Approach philosophy of care and our KNACK Learning Framework™ can assist in the development of practical strategies for effective person-centred care for people with Alzheimer's disease or another form of dementia.

## BEST FRIENDS™ APPROACH ASSOCIATE TRAINER PROGRAM

**\$500/person**

**October 5 & 6 (2011)** - This comprehensive 14-hour staff training program enables participants to become Alzheimer Society of Calgary Associate Trainers in the Best Friends™ Approach and teach/support staff within their own community, agencies, or residences. Associate Trainers are networked with others in the community and receive a comprehensive training manual (incl. Associate Trainer Guide, Activities Guide and Supplementary Materials), a copy of the Best Friends™ Approach for Staff, and ongoing support.

*\* All workshops and training programs can be customized for your organization and be delivered at your site.*

Alzheimer Society

